

Manali Snow Trek

Snow Trek in Himachal Pradesh

The movie “Yeh Jaawani Hai Deewani” has created a zeal in many of us to do a winter snow trek in Manali. Catering to your desire to relive the moments with your squad, Next Wanderlust brings to you a Winter Snow Trek in Manali. It is an easy trek and most suitable for beginners who wish to experience trekking, live in tents, and be surrounded by Snow.

Itinerary

Day 1: Reporting at Majnu ka Tila Bus stand, New Delhi:

- Members have to report by 5 PM at Majnu Ka Tila Bus Stand, New Delhi. No delay in reporting will be compromised. If you miss the bus, you miss the trip. No refunds.
- It will be a 13-14 hours bus ride from Delhi to Manali.
- Bus Type: Semi Sleeper Volvo.
- The bus will halt around 10 PM for dinner at some Motel. Dinner charges are not included.
- Reach Rumsu base camp by 8 AM. Freshen up and Registration.

Day 2 - Reporting at Rumsu Base Camp and visit Naggar (6 km Trek - 6500 ft)

- Visit Naggar, a famous tourist destination via a short trek.
- Explore the rich historic aura of Naggar via the beautiful Naggar Castle, Tripura Sundari, and Gauri Shankar temple, and the famous Roerich Art Gallery.
- Trek back to Rumsu base camp for overnight stay.
- Start by 8 AM for the trek to Sterling forest.

Day 3: Trek to Ghankulhadi Forest (6 km Trek - 9000 ft)

- Start by 8 AM for the trek to Sterling forest.
- Sterling, is a dark green meadow amidst the dense Himalayan forest, with gentle snow slopes where participants can enjoy a lot of snow activities like Snow slides, making snowmen, and igloos.
- The trek to Sterling is a steep climb and takes around two to three hours to reach. A short hike for an hour from Sterling takes you to an open meadow known as Ghankulhadi. It offers some of the most amazing views of the Dhauladhar range.
- The descent route from Sterling to Rumsu is a gradual one and takes not more than a couple of hours.
- Bonfire and Overnight stay at Rumsu camp.

Day 4: Visit Manali

- The day starts with a jeep ride to Manali from Rumsu after breakfast.
- Manali has a lot to offer in terms of old historic temples of Hidimba and Manu, beautiful Nature Park, and the famous Mall road to shop souvenirs and try some local cuisine.
- Participants will explore all of these places via a walk and will be accompanied by our guide. Participants must assemble back to Mall road by 5 PM to continue with their jeep ride for Rumsu camp. Overnight stay at Rumsu Camp.

Day 5: Paragliding, Rafting, and Departure for Delhi

- The day will start with a jeep ride for Dobhi, where members can opt for activities like Rafting and Paragliding for extra charges.
- Below are the approximate charges for the activities:
 - Paragliding [Fly time 10-12 minutes]: 2000 INR per pax*
 - Rafting [9 km on Beas River]: 1000 INR per pax*
- Members not willing for the activity can relax at Rumsu base camp and leave directly to board the bus for New Delhi at 4 PM.

Day 6: Reach Delhi

- Members will reach New Delhi by 7 AM. Keep 3 hours buffer for your onward travel.

Departure Dates*:

Month	Start Date	End Date
December 2020	19 th December 2020	24 th December 2020
	23 rd December 2020	28 th December 2020
	27 th December 2020	1 st January 2021
	31 st December 2020	5 th January 2021
January 2021	4 th January 2021	9 th January 2021
	8 th January 2021	13 th January 2021
	12 th January 2021	17 th January 2021
	16 th January 2021	21 st January 2021
	20 th January 2021	25 th January 2021
	24 th January 2021	29 th January 2021
	28 th January 2021	2 nd February 2021
February 2021	1 st February 2021	6 th February 2021
	5 th February 2021	10 th February 2021
	9 th February 2021	14 th February 2021
	13 th February 2021	18 th February 2021
	17 th February 2021	22 nd February 2021
	21 st February 2021	26 th February 2021
	25 th February 2021	2 nd March 2021
March 2021	1 st March 2021	6 th March 2021
	5 th March 2021	10 th March 2021
	9 th March 2021	14 th March 2021
	13 th March 2021	18 th March 2021
	17 th March 2021	22 nd March 2021
	21 st March 2021	26 th March 2021
	25 th March 2021	30 th March 2021

*Please confirm the availability of seats for the trek by calling or send a message on WhatsApp on 7021196719

Inclusion:

1. Accommodation: Stay will be in tents on a triple sharing basis and is separate for Male and Female.
2. Cloakroom: Members can keep their extra luggage at the base camp.
3. Meals: Breakfast, lunch, snacks, and dinner is included. We provide simple, nutritious Veg/Jain food on all days of the trek.
4. Rucksack: A 60L bag with rain cover is provided for use during the trek. Members will return it once done with their trek.
5. Camping charges: All trekking permits and forest camping charges are included.
6. Gaiters and Microspikes: Gaiters help against snow entering from the sides of the shoes while microspikes will help in giving extra traction on slippery patches of snow
7. Trekking equipment: High-quality tents and sleeping bags in all the camps. Sleeping bags can withstand temperatures as low as -10 °C.
8. Safety equipment and Emergency: First aid kit, oxygen cylinders, oximeter, etc. will be with guide/trek leader and at the campsite as well to deal with emergencies.
9. Expert trek Leaders: All our trek leaders are at least qualified in basic/advanced mountaineering and first aid course.
10. Expert Trek support team: The mountain staff on this trek consists of certified guides, cooks, helpers.
11. Personal Insurance: We have added the personal insurance cover without any extra cost.

Exclusion:

1. Anything not mentioned in the Inclusion
2. Any personal expenses on the trip
3. Cost of Emergency

Documents Required:

1. Original and photocopy of government-issued identity card (Aadhar card/ Driving license/ Passport)
2. Medical Certificate should be signed by a registered MBBS doctor
3. NOC form with participant signature (Provided at the basecamp)

Camp Rules:

1. Accommodation: Stay on all days will be in tents. The tent will be allotted separately to males and females and will accommodate 3 people. High altitude sleeping bags that can withstand temperatures as low as -10 degrees.
2. Toilets: 2-4 toilet tents will be pitched at every campsite depending upon group size. Do not carry toilet papers or wet wipes since these are not biodegradable. If you do happen to use wet wipes to clean up after a trek, make sure you bring them back with you.
3. Safety: Our camp leaders will conduct routine health checks at all camps to measure oxygen saturation, blood pressure. The camp leader reserves the right to exclude any trekker from climbing higher on the trek without refund if the trekker's vital readings are below accepted norms for that altitude. These norms are available with our camp leaders. Your trek leader will also be carrying a medical kit that includes basic first aid and high-altitude sickness medicines and will also be carrying an oxygen cylinder throughout the trek.

4. Drinking and smoking: Smoking and drinking are strictly prohibited. Buying drugs or any illegal material is strictly prohibited, the participant will be detained and handed over to the government authority.
5. Emergency during trek: In case of any emergency we will take necessary measures for your return to the base camp. A staff will accompany you. He may not be some trained personnel. Doctors do not go along with a team. Leaders are trained to administer first aid and know how to deal with issues related to the mountains. Registering for this trek is an understanding that you are aware of related difficulties on a high-altitude trek
6. Change of trek plan: Under some extraordinary circumstance, your trek may end a day earlier or start a day later due to inclement weather, snow and ice conditions, political restrictions, or any other cause. In the event of a change, postponement or delay, participants have no right to refund of the trek or other compensation for any injury, loss, or damage.

Things to Carry:

Trekking shoes



Carry water proof trek shoes with good grip and ankle support.

Warm Clothes



Carry two or three-layer jackets, fleece jackets and a padded jacket.

Trek Pants



Carry 2 quick dry material trek pants and one warm padded trouser.

Dry-fit T-shirts



Full sleeve t-shirts help you against sun burn and will dry fast in case if it gets wet.

Thermal wear



Carry thermals for both top and bottom.

Sunglasses



Sunglasses are mandatory to protect your eyes from snow reflections.

Woollen cap



It will be cold, so carry a proper woollen cap.

Waterproof hand gloves



Carry only water proof gloves and avoid woollen gloves.

Socks



Carry 3 pairs socks and a pair of woollen socks

Torch



Its recommended to carry a headlamp or torch for night usage.

Raincoat



Raincoat or poncho comes to protect us from the rain or snowfall during the trek

Lunch box & Water bottle



Every participant should have their own lunch box and water bottle (prefer insulated one).

For Queries:

Please feel reach to reach us at:

Phone: 7021196719

Email: info@nextwanderlust.com

Photo Gallery:















NEXT WANT