

Kedarkantha Trek

Snow Trek in Uttarakhand

Kedarkantha is a mountain peak of the Himalayas in Uttarakhand, India. Its elevation is 12,500 ft (3,800 m). Kedarkantha is located within Govind Wildlife Sanctuary in Uttarkashi district. The climb to the peak of Kedarkantha starts from a small village called Sankri. There are a total of 13 peaks of the Himalayan range visible from the Kedarkantha peak. The experience of the summit climb is very special and stays with you for a long time. There is a lake called Juda-ka-Talab, the locals say that once upon a time Lord Shiva meditated at Kedarkantha. Its name implies so from the droplet fallen from Shiva's hair to form this lake named as Juda-ka-Talab. It usually takes 4 days to complete the climb of Kedarkantha peak!

Itinerary

Day 1: Arrival in Sankri (6400 FT):

Arrive in Sankri, which is the starting point of the trek. The distance from Dehradun to Sankri is about 200 km and it takes about 8 hours of drive. Cab services are frequent and readily available from Dehradun. Reach Sankri by 4 PM. It's a beautiful village in the Uttarkashi district. The entire trek route is very scenic and mesmerizing, with especially the last part in which we pass through Govind life sanctuary. Once at Sankri, Members will undergo the Registration process at 5 PM and will attend the briefing for the trek at 6 PM followed by distribution of items like Rucksack, Gaiters, Microspikes, and Trekking sticks. Overnight at Sakri base camp.

Day 2: Sankri to Juda Ka Taal (9000 FT, 5 Kms trek)

Start early after breakfast for the first campsite Juda Ka Taal from Sankri. The trek distance is just 5 Kms and is easy all the way till Juda Ka Taal campsite. Spot woodpeckers on the way as they are pretty common in the region. Encounter a larger green meadow on the way, which is generally used as a lunch point for the trekkers. Swargarohini peak can be seen from here. The trek is easy with full of amazing views. Overnight stay at Juda Ka Taal.

Day 3: Juda ka Taal to Kedarkantha Base Camp (11,200 FT, 4 Kms trek)

The trek from Juda Ka Taal campsite to Kedarkantha base camp is short but starts early to suit against the snow conditions. It takes around 3-4 hours to reach the Kedarkantha base camp. At night, the snow-clad mountain peaks shine bright as the moon, and we will clearly see Kedarkantha from the campsite. Sleep early to get ready for the early summit push for the peak.

Day 4: Kedarkantha Base Camp – Kedarkantha (12,500 FT) – Hargaon (8,450 FT, 6 km trek)

Start the day early with a wake-up call at 2:30 AM for the summit push. The trek is strenuous as it gets steep at a few points. The trek commences at 4 AM with head torches at a slow-moving pace towards the summit. The way light comes and what happens in the sky is amazing, a variety of colors you will see in the sky. The summit offers some of the most spectacular views of the Yamunotri and Gangotri ranges. At the summit, we will spend some time and return back to the Hargaon campsite.

Day 5: Hargaon –Sankri (6 Kms trek)

The last day of the trek is easy with snow slopes to descend. It usually takes around 4 hours to descend from Hargaon to Sankri. Participants can go to Dehradun today. Cabs are frequently available for Dehradun from Sankri.

How to reach Sankri?

By Bus: Take a bus headed towards Sankri from Dehradun. It leaves at 6.00 am from Dehradun Railway station.

By Taxi: The distance from Dehradun to Sankri is about 200 km and it takes about 8 hours of drive. Cab services are frequent and readily available from Dehradun.

Pick Up/Drop: Trekkers must report at Sankri village in the evening after 3 pm. POC details will be emailed prior to the event.

Inclusion:

1. Accommodation: Stay will be in tents on a triple sharing basis and is separate for Male and Female.
2. Cloakroom: Members can keep their extra luggage at the base camp.
3. Meals: Breakfast, lunch, snacks, and dinner is included. We provide simple, nutritious Veg/Jain food on all days of the trek.
4. Rucksack: A 60L bag with rain cover is provided for use during the trek. Members will return it once done with their trek.
5. Camping charges: All trekking permits and forest camping charges are included.
6. Gaiters and Microspikes: Gaiters help against snow entering from the sides of the shoes while microspikes will help in giving extra traction on slippery patches of snow
7. Trekking equipment: High-quality tents and sleeping bags in all the camps. Sleeping bags can withstand temperatures as low as -10 °C.
8. Safety equipment and Emergency: First aid kit, oxygen cylinders, oximeter, etc. will be with guide/trek leader and at the campsite as well to deal with emergencies.
9. Expert trek Leaders: All our trek leaders are at least qualified in basic/advanced mountaineering and first aid course.
10. Expert Trek support team: The mountain staff on this trek consists of certified guides, cooks, helpers.
11. Personal Insurance: We have added the personal insurance cover without any extra cost.

Exclusion:

1. Anything not mentioned in the Inclusion
2. Any personal expenses on the trip
3. Cost of Emergency

Things to Carry:

Trekking shoes



Carry water proof trek shoes with good grip and ankle support.

Warm Clothes



Carry two or three-layer jackets, fleece jackets and a padded jacket.

Trek Pants



Carry 2 quick dry material trek pants and one warm padded trouser.

Dry-fit T-shirts



Full sleeve t-shirts help you against sun burn and will dry fast in case if it gets wet.

Thermal wear



Carry thermals for both top and bottom.

Sunglasses



Sunglasses are mandatory to protect your eyes from snow reflections.

Woollen cap



It will be cold, so carry a proper woollen cap.

Waterproof hand gloves



Carry only water proof gloves and avoid woollen gloves.

Socks



Carry 3 pairs socks and a pair of woollen socks

Torch



Its recommended to carry a headlamp or torch for night usage.

Raincoat



Raincoat or poncho comes to protect us from the rain or snowfall during the trek

Lunch box & Water bottle



Every participant should have their own lunch box and water bottle (prefer insulated one).

Documents Required:

1. Original and photocopy of government-issued identity card (Aadhar card/ Driving license/ Passport)
2. Medical Certificate should be signed by a registered MBBS doctor
3. NOC form with participant signature (Provided at the basecamp)

For Queries:

Please feel reach to reach us at:

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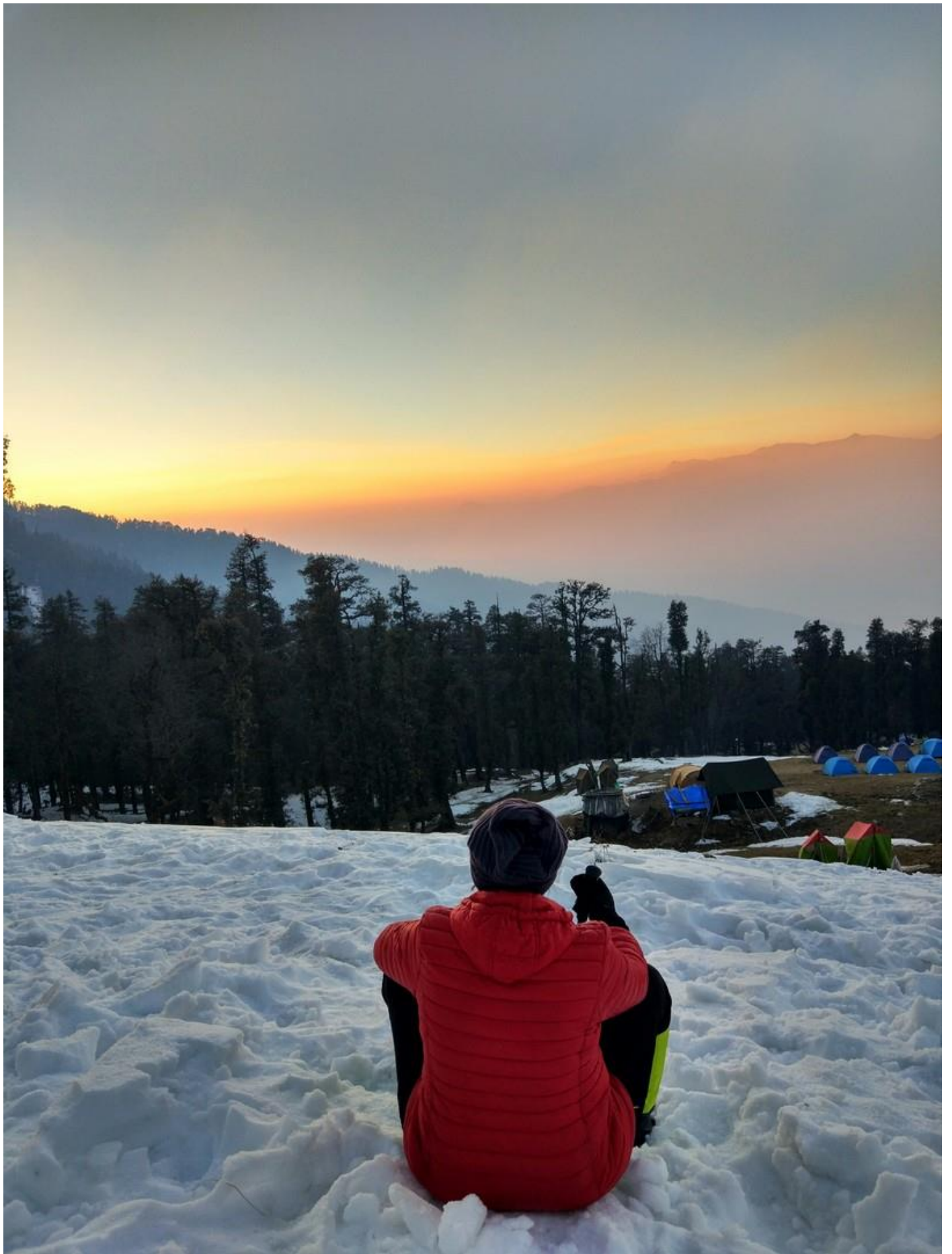
Photo Gallery:



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